

## **BUTLER PROGRAM**

**June 11 – October 31, 2020 \***



### **Butler service á la Turracher Höhe**

The Turracher Höhe butlers are unique in terms of friendliness, their knowledge of the area and familiarity with the locals. They take you to magnificent spots you would have never discovered on your own. And they ensure you experience unforgettable moments in nature.

18 partner businesses at Turracher Höhe offer the exclusive Butler Card service allowing their guests to join the attractive butler program free of charge.

The butler summer program 2020 can also be found at [www.almbutler.at](http://www.almbutler.at)

**Registration** is required in good time the day before, by **2:00 p.m at the latest**, at your hotel reception or directly at [info@almbutler.at](mailto:info@almbutler.at)!

**Meeting point** for butler hikes is the “**Living room**” at the **Kornockbahn valley station**

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**\*) The duration and content of the program depend on the current weather conditions. Changes or early termination possible and reserved. Please inquire at your reception or at the tourist office on +43 (0) 4275 8392**

**SATURDAY**

**ALPINE PASTURE HIKE**

**June 13 – October 31, 2020**

Explore the scenic diversity of Turracher Höhe on a long hike across the mountain pastures of the Schafalm and Winkleralm before enjoying a well-deserved snack at the Wildbachhütte lodge. From there you follow the flat path for another 1.7 km toward the main road, where the bus takes you back to Turracher Höhe.

**Start:** 9.00 a.m.

**Return:** around 3:00 p.m.

**Difficulty level:** moderate

**Walking time:** around 4.5 hrs.

**Difference in altitude:** 200 m

**Equipment:** sturdy walking shoes, rucksack, rain protection, drink (!)

**Participation:** max. 15 people

**SUNDAY**

**ALM BUTLER FAMILY HIKE**

**July 4 – September 5, 2020  
and October 11- 25, 2020**

**Three-Lake Trail with a visit to Nocky's AlmZeit**

After being welcomed and given a short introduction to the weekly program, you join the Alm Butler on a tour past the three lakes Turracher See, Schwarzsee and Grünsee. From there it's about another 10 walking minutes before you reach the Panoramabahn cable car taking you up to Nocky's AlmZeit, the children's adventure park at an altitude of 2,000 m.

**Start:** 10:00 a.m.

**Return:** around 3:00 p.m.

**Difficulty level:** easy

**Walking time:** around 3 hrs.

**Difference in altitude:** 170 m

**Equipment:** trekking shoes or light hiking shoes, rain protection and drink

**Participation:** max. 20 people

**MONDAY**

**TO THE KASERHÖHE**

**June 15 – October 26, 2020**

This hiking tour takes us up to Turracher Höhe's local mountain – the Schoberriegel (2,208 m). After a short break to enjoy the fantastic view over the Nockberge Mountains we continue towards the "Gruff". From there to the Kaserhöhe (2,318 m) and either via the Kaserer lakes or the Weidental valley (weather dependent) back to Turracher Höhe.

**Start:** 8:00 a.m.

**Return:** around 3:30 p.m.

**Difficulty level:** difficult

**Walking time:** around 6.5 hrs.

**Difference in altitude:** 1,000 m

**Equipment:** good hiking/mountain shoes, rucksack, rain protection, snacks and drink

**Participation:** max. 10 people

**TUESDAY**

**HERBAL HIKE**

**June 16 – October 27, 2020**

**with a Nockberge Biosphere Reserve ranger**

Rediscover ancient knowledge. Our parents and grandparents already knew how to use “Pechsalbe” (a special ointment from the region). But what exactly are its ingredients? The ranger tells us all about its origins and possible applications, and we even make our own sample ointment to take home as a souvenir.

**Meeting point:** Panoramabahn cable car valley station (!)

**Start:** 10:00 a.m.

**Return:** around 1:00 p.m.

**Difficulty level:** easy

**Equipment:** sturdy walking shoes, rain protection, drink (1)

**ALM BUTLER FAMILY HIKE**

**July 7 – September 8, 2020**

**including GOLD PANNING and small LAKESIDE PICNIC**

**and October 8 – 27, 2020**

The weather almost doesn't matter during this hike. Young and old encounter nature with the Alm Butler, walk barefoot across moor and meadows, and are then rewarded with a small alpine lakeside picnic (with KnabberNocky, mountain cheese and farmers bread). The little ones are invited to join in their first gold panning lesson afterwards!

**Start:** 10:00 a.m.

**Return:** around 1:00 p.m.

**Difficulty level:** easy

**Walking time:** around 2 hrs.

**Difference in altitude:** 150 m

**Equipment:** towel (!), trekking shoes, rain protection, drink

**Participation:** max. 20 people

**ARCHERY FOR YOUNG AND OLD  
(children / youngsters from age 10)**

**July 7 – September 8, 2020  
and October 8 – 27, 2020**

The Alm Butlers, who are also qualified instructors will introduce you to this popular sport.

**Group I:** 1:30 – 3:00 p.m. **max. 12 people**

**Group II:** 3:30 - 5:00 p.m. **max. 12 people**

**Equipment:** sturdy shoes

**Participation:** exclusively for Butler Card holders

**GUIDED TOUR THROUGH THE  
MYTHOS EDELSTEIN MUSEUM**

**June 16 – October 27, 2020**

Find out all about the unique treasures and valuables – including minerals, crystals, precious stones and fossils – collected from the world's most renowned mines, the Alps and the Nockberge Biosphere Reserve.

**Free guided tour with Butler Card:** from 4 – 5 p.m.

WEDNESDAY

**ALM BUTLER SUNRISE TOUR**

**June 17 – October 28, 2020**

Those who opt for this early morning hike with the two Alm Butlers will be rewarded in several ways: awe-inspiring views, a marvelous sunrise reflecting in the water of the reservoir pond and a light Alm Butler breakfast.

The tour's destination is the reservoir at the Schafalm. While devoted hikers accompany one "butler" uphill to the top station of the Schafalm or Kornockbahn chair lift, the rest of the group can enjoy the atmosphere around the reservoir and stay a little longer, before walking back.

**Start:** 04.00 a.m. (June) | 05.00 a.m. (middle of July & August) | 06.00 a.m. (September & October)

**Return:** around 8:00 – 8:30 a.m.

**Difficulty level:** moderate

**Walking time:** around 2 hrs.

**Difference in altitude:** 200 m

**Equipment:** hiking shoes, warm spare clothing, gloves, hat, rain protection, drink

**Participation:** max. 20 people

**ALM BUTLER FAMILY HIKE**

**July 8 – September 9, 2020**

*Following the miners' footsteps*

**and October 7 – 28, 2020**

Set off from the starting point at the Kornockbahn chair lift and follow the shore of Lake Turracher See to the Panoramabahn cable car taking you up to the AlmZeit. From there the hike continues toward the Kornock summit (very steep but short ascent). Passing the *three-lakes view*, you and your children follow the trail via Karmulde, past the historical miners' house and the former cinnabar mine, back down to the valley station of the Panoramabahn lift.

**Start:** 10:00 a.m.

**Return:** around 2:00 p.m.

**Difficulty level:** easy / moderate

**Walking time:** around 2 hrs.

**Difference in altitude:** 170 m

**Equipment:** hiking/trekking shoes (good soles!), rain protection, drink

**Participation:** max. 20 people

THURSDAY

**ALM BUTLER MORNING HIKE**

**WITH SUMMIT BREAKFAST**

**June 11 – October 29, 2020**

Start out for a wonderful 1–1.5 hour morning hike to the Kornock summit, where you are rewarded with a hearty Carinthian *Frigga* breakfast. Those who wish to extend the hike can aim for the Rinsnock summit (2,334 m, approx. 30 minutes) and follow the path via Karmulde, Winkleralm and Schafalm back to the Kornockbahn lift valley station.

Pleasure hikers take the Kornockbahn back to Turracher Höhe.

**Start:** 8:30 a.m.

**Return:** around 2:30 p.m.

**Difficulty level:** moderate/difficult

**Walking time:** around 4 hrs.

**Difference in altitude:** 430 - 550 m

**Equipment:** sturdy hiking shoes, rucksack, rain protection, drink (!)

**Participation:** max. 10 people

**ALM BUTLER BIKE TASTER LESSON**

**July 9 – September 10, 2020**

**For kids and teens**

Bike guides teach children and youngsters the most essential skills for handling both bike and trail on the practice terrain.

**Kids group (age 6-10):** 10:00 – 11:00 a.m. **max. 10 people**

**Teens group (age 10-15):** 3:30 – 5:00 p.m. **max. 10 people**

**Equipment:** sturdy shoes

**GUIDED STONE PINE HIKE**

**June 11 – October 29, 2020**

**with a Nockberge Biosphere Reserve ranger**

An interesting tour of discovery through the centuries of the Nockberge Mountains' characteristic tree, the stone pine. Learn about the various ways the Swiss stone pine is utilized, and create your own fragrance pouch to take home as a lasting memory of this hike.

**Start:** 10:00 a.m. **Return:** around 1:00 p.m. **Difficulty level:** easy

**Equipment:** sturdy hiking shoes, rain protection, drink (!)

**ALM BUTLER PROGRAM FOR YOUNGSTERS**

**July 9 – September 10, 2020**

**Archery (for ages 10 to 18)**

**October 8 – 29, 2020**

Archery is one of today's most fascinating sports. It is fun, promotes awareness and enhances self-confidence. Our Alm Butlers are trained instructors and know all about this ancient hunting equipment.

**Group I:** 2:00 – 3:30 p.m. **max. 12 people**

**Group II:** 3:30 - 5:00 p.m. **max. 12 people**

**Equipment:** sturdy shoes **Participation:** exclusively for Butler Card holders

**FRIDAY**

**INTO THE WEITENTAL VALLEY**

**June 12 – October 30, 2020**

Indulge in the picture-book scenery of Turracher Höhe on this hiking tour past Lake Schwarzsee into the unspoiled Weidental valley. From there you continue uphill via Engele Riegel to Schoberriegel and back to Turracher Höhe. Refreshment stops will either be the Sonnalmhütte or the Karlhütte hut at Lake Grünsee.

**Start:** 9:00 a.m. **Return:** around 3:30 p.m. **Difficulty level:** moderate

**Walking time:** around 5 hrs. **Difference in altitude:** 500 m

**Equipment:** good hiking/mountain shoes, rucksack, rain protection, snacks and drink<sup>[SEP]</sup>

**Difficulty levels of the program**

easy	moderate	difficult
easily accessible paths suitable for families and seniors light trekking shoes	some narrow paths, sufficient physical fitness, sturdy hiking shoes and minimum hiking gear	longer ascents, narrow paths and ridge walks, very good physical fitness & condition, sure-footedness and head for heights, mountain/hiking shoes and appropriate hiking gear required

## Alm Butler tips and etiquette

**Of course, our Alm Butler brings along some emergency supplies. However, as things are different in the mountains, you should also prepare your own backpack and take responsibility for yourself and your actions.**

### Equipment/clothing

Although the altitude provides for pleasant cooling on hot days, some hikers will break quite a sweat during the ascent. We therefore recommend bringing along an extra shirt to change into. Protection from the rain, cold and sun should always be packed in your rucksack, as should a small first aid kit (with any necessary personal medication) and your mobile phone.

### Griaß-eich & Servus

Above 1,000 m altitude everyone is on first name terms in Austria. And that's especially true for Turracher Höhe (1,763 m). Hikers, mountain inn hosts and guests – on both the Carinthian and the Styrian side – are always happy to hear a friendly 'Servus' or 'Griaß-eich' whenever you meet them.

### Dogs

Grazing pastures are not petting zoos!!! Keep your dog on a leash and make sure it doesn't get too close to the herd. However, if it seems there is going to be a "cow attack", let your dog off the lead immediately. Unlike humans, dogs can run fast enough to evade confrontation. This will also divert the cow's attention from the dog owner. If a dangerous situation nevertheless arises: keep calm and only in an absolute emergency (!) attempt to deliver a well aimed blow with your hiking pole to the cow's nose. Otherwise, you should slowly and steadily leave the danger zone, without turning your back on the animals.

### Footwear

The Alpine Butler is very strict when it comes to proper footwear and will check it carefully prior to departure. People wearing sneakers, shoes or even sandals are not allowed to take part. Quite right too – the hikes go up to 2,400 m altitude. Ankle-high and waterproof shoes are obligatory. They provide relief to your feet and improve your footing. To avoid getting painful blisters, new shoes should be worn-in on short walks beforehand.

### Sun

It's almost always sunny at Turracher Höhe. Well, maybe sometimes a little less. But even then, you shouldn't underestimate the sun's rays at this altitude. So always carry sun cream in your backpack.

### Snacks

Even if delicious treats are included on some Alm Butler tours, don't forget to bring your own snacks. This is essential for tours lasting multiple hours or a full day; but even if you plan short mountain walks, you should take along enough to drink (tea, water) and a chocolate or muesli bar.

### Weather

Weather conditions can change very abruptly in the mountains and there is nothing we can do about it. Therefore, individual Alm Butler programs might be changed or cancelled at short notice. Thank you for your understanding!